

## **Skyland Conference - Winter Champions 2022-2023**

### **Boys Basketball**

Delaware: (Tie) Gill St. Bernards And Rutgers Prep  
(Note: Gill And Prep Split Regular Season Games).

Raritan: Hillsborough

Valley: Bound Brook

Mountain: Delaware Valley

### **Girls Basketball**

Delaware: Rutgers Prep

Raritan: Watchung Hills

Valley: Mount St. Mary

Mountain: Bernards

### **Wrestling**

Delaware: Phillipsburg

Raritan: (3-way Tie), Delaware Valley, North

Hunterdon, Warren Hills

Note: Del Val Beat Warren Hills, North Beat Del Val And Warren Hills  
Beat North

Mountain: Bernards

### **Ice Hockey**

Delaware: Ridge

### **Boys Swimming**

Delaware: Bridgewater-raritan

Raritan: Ridge

Valley: Bernards

### **Girls Swimming**

Delaware: The Pingry School

Raritan: Ridge

Valley: Bernards

### **Boys Fencing**

Delaware: Ridge

Raritan: Bernards

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### **Girls Fencing**

Delaware: Montgomery

Raritan: Bernards

### **Boys Bowling**

Delaware: Warren Hills

### **Girls Bowling**

Delaware: Warren Hills